How do I reference a journal article?

**Example of citation within the text – Paraphrasing**

Pilkington (2013) affirms that it has been argued that patients’ happiness and physical condition are adversely affected by sleep deprivation during a stay in hospital.

**Example of citation within the text – Direct quote**

“The lack of sleep experienced by patients during hospital admission has been posited as a potential source of harm to health and wellbeing ”

(Pilkington, 2013, p.35)

**Example of how the reference for this source should appear:**


**Journal articles - points to note**

The following format should be used when referencing journals:

- Surname, Initials. (Year) Title of Article. *Title of journal*. Vol no (issue no) pp. page nos
- The name of the journal is italicised, not the title of the article
- The volume number is in bold
- Volume part numbers can often be referred to as months of the year depending on the publication, therefore part ‘3’ may be referred to as ‘March’. Substitute as necessary as both are acceptable
- Page numbers for journal articles are given in the reference